

**MILTON-ULLADULLA U3A COURSES FOR TERM 3 2024 - Monday 22<sup>nd</sup> JULY to Friday 27<sup>th</sup> September [10 weeks]. Courses run over this period unless otherwise stated**

Campus Website: [www.u3amiltonulladulla.org.au](http://www.u3amiltonulladulla.org.au) (find this Calendar and further Course Information in 'Term3 2024 Bulletin')

This program has been put together on the understanding that local COVID-19 restrictions remain as they are, and that current use of the Harry Higgs room and other venues remains unchanged.

Day	Time	Course	Tutor/Leader	Contact	Venue	Comment
MON	0830 - 1030	Portraits with a Laugh	Glen Kilby	0449 635 665	Harry Higgs Room	Continuing by popular demand! Start the week with a fun, light-hearted experience. Glen will present his informative course on how to capture a portrait. Room for newcomers
	0900-1030	Dutch	Frank Winston	0421 255 392	At home	Frank is continuing to offer an uncomplicated Dutch language course; contact him to learn more about the language and about Dutch customs and history
	0930-1030	Hatha Yoga	Annette Craig	0448 900.086	Milton Anglican Church Hall	Annette is returning with her popular Hatha Yoga class – a traditional and gentle form of exercise. It is very suitable for beginners and those with physical limitations.
	1100-1230	Cryptic Crosswords – intermediate 1	John Dallimore	0493 855 224	Harry Higgs Room	Following intermediate 2, learn further with John how to decipher and to solve the clues posed by the professional cruciverbalists!
	1300-1430	Book club 1 [every 3rd Monday of the month]	Carmen Champion	<a href="mailto:carmenchampion18@gmail.com">carmenchampion18@gmail.com</a>	Harry Higgs Room	Carmen's bookclub has room for a few more readers; contact her to join – (maxi 13)
<b>★ ★ ★ MONDAY LUNCHTIME LECTURES ★ ★ ★ A NEW CONCEPT FOR BROADENING YOUR KNOWLEDGE AND INTERESTS</b>						
	1400-1530	<b>Climate Change:</b> A perspective <i>Jul 22 and 29; Aug 5 and 12</i>	Tom Hunt	<a href="mailto:Hunttomj@gmail.com">Hunttomj@gmail.com</a>	Harry Higgs Room	<i>July 22 Story of Carbon July 29 Earth's history: has climate changed? August 5 Earth's future: can we change it? August 12 Story of EVs, solar, &amp; batteries</i>
	1300-1430	<b>Japan:</b> Culture and Language <i>August 26, September 2 and 9</i>	Greg Chiakin	<a href="mailto:Shidai33@hotmail.com">Shidai33@hotmail.com</a>	Harry Higgs Room	Greg's course will provide introductory insights into Japan. His format will follow Q and A discussions – but he will also cover language basics for travel in Japan
TUE	0900-1030	Comparative Religion <b>NEW</b>	Geoff Andrews	<a href="tel:(02)445454358">(02)445454358</a>	Harry Higgs Room	Geoff's course will compare the doctrines and practices, themes and impacts of the world's religions. Contact Geoff by phone, or: <a href="mailto:geoffreyandrews89@gmail.com">geoffreyandrews89@gmail.com</a>
	0930-1100	Existentialism and the Authentic Life <b>NEW</b>	Steve Prothero	<a href="mailto:protheros@me.com">protheros@me.com</a>	Ulladulla Bowlo [upstairs]	Covering topics like love, death, sex, war, plagues, intrigue, murder, deception, and more. Existential thinking will help you pursue life in an often-absurd world
	1100-1230	The origin and evolution of the Earth	Chris Graham	0400 032 882	Harry Higgs Room	Final term. Chris has been covering the 4.5B years of the Earth's existence, embracing the physical development of the planet and the emergence, adversity and continuation of life
	1300-1530	Film Appreciation [9 weeks] [30 <sup>th</sup> July – 24 <sup>th</sup> September]	Debra Pearson	<a href="mailto:debrapearson13@gmail.com">debrapearson13@gmail.com</a>	Harry Higgs Room	This term, the 8 chosen movies have 'books' as a theme to connect them. In the 9 <sup>th</sup> week there will be a film documentary. Unfortunately this course is now fully subscribed.
WED	0900-1030				Harry Higgs Room	Venue available for Term3
	0930-1030	Tai Chi/Shibashi	Liz Gray	0427 875 845	Lake Conjola Community Hall	Liz's Shibashi exercises promote balance, strength and concentration; they are easy to do and leave you feeling relaxed and energised.
	1030 - 1200	Decoding the Secrets of Egyptian Hieroglyphs <b>NEW</b>	Enid Everingham	<a href="mailto:enidever@bigpond.com">enidever@bigpond.com</a>	At Home	The Course aims to give you the ability to read Egyptian texts. . Starting slowly, we will learn the Egyptian alphabet. We will write names in hieroglyphs. Once we see that all those birds, feet and snakes are not just pictures, we will be on our way to translating ancient texts. It will be supported by a series of DVDs. Enid will be presenting the Course in her home and has room for about 6 attendees
	1100-1230	Book club 2 [every 3 <sup>rd</sup> Wednesday of the month]	Faye Gibbons	<a href="mailto:favelene40@aol.com">favelene40@aol.com</a>	Ulladulla Bowlo [upstairs]	Faye can cater for up to 10 participants [must be Club members], and currently has room for a couple more.
	1100-1230	Making Mosaics	Colleen Ringe	0416 081 011	Harry Higgs Room	This is a continuing Course where Colleen will introduce you to the basics of making Mosaics, and then let you loose to create your own works. Lots of fun for the creatives!
	1400-1600	Mah-Jong	Bill Lampard	0413 583 689	Mollymook Golf Club	Bill is continuing with his popular Mah-Jong tuition. Participants need to be members of the Golf Club
	1500-1630				Harry Higgs Room	Venue available for Term3

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THU	0900-1030	French 2 – Basics and beyond	Noelene Hunt	0418 291 381	Harry Higgs Room	A continuing course covering more than the basics. Contact Noelene for details and for availability
	0930-1100	French 4 – Advanced [fortnightly, from 25 July]	Kim Vanden Hengel	0429 126 500	10 Riley St Mollymook	Kim's class accommodates those seeking to improve their spoken and written French, understanding French history and culture, and to complete weekly homework!
	1000-1130	Dutch – Social Conversation	Emile Jansen	0415 405 107	Out and about	Emile organizer informele koffie bijeenkomsten voor Nederlandstaligen die willen genieten van hun moedertaal in het gezelschap van anderen
	1030-1200	Current Affairs	Margie Nyholm	<a href="mailto:nyholm@gmail.com">nyholm@gmail.com</a>	Ulladulla Bowlo [upstairs]	Explore with Margie the full spectrum of general and political views in this interactive and congenial group [maximum 20 people; must be Club members]
	1000-1130	The Herbal Medicine Chest <b>NEW</b>	Raylee Myers	<a href="mailto:raylee50@bigpond.com">raylee50@bigpond.com</a>	Bawley Point Kioloa Tennis Club	This course will focus on foods and herbs that could be in your kitchen or backyard. The course will also cover how the most common constituents of herbs that affect the body.
	1130-1230	Understanding your Astrological Birthchart <b>NEW</b>	Lyndall Sam	<a href="mailto:lyndallsam@icloud.com">lyndallsam@icloud.com</a>	Bawley Point Kioloa Tennis Club	Lyndall's course teaches the anatomy of a Birthchart, and how the planets and points guide your life. Birthchart and Guide included.
	1100-1230	Cryptic Crosswords – advanced	John Dallimore	0493 855 224	Harry Higgs Room	Join John to grapple with the more obscure clues posed by the cryptic crossword setters; but more ... experience the satisfaction of cracking them!
	1300-1500	Art History (6 weeks only) [22 August to 26 September]	Debra Pearson	<a href="mailto:debrapearson13@gmail.com">debrapearson13@gmail.com</a>	Harry Higgs Room	This term we'll explore how we 'see' & 'experience colour'; and how we 'look' at modern paintings. Debra will use DVDs, slides & discussion. Unfortunately this course is now fully subscribed
	1500-1630	French 1 – Beginners	Marilyn Schoonderweerd	<a href="mailto:mrschoonders@gmail.com">mrschoonders@gmail.com</a>	Harry Higgs Room	Marilyn's course is for those with little knowledge of French but with a desire to know more. Contact her for details and availability
FRI	0800-1100	Birdwatching [fortnightly, from 26 July]	Philip Hendry	0448 445 359	Out and about	E-mail <a href="mailto:mubirdclub@gmail.com">mubirdclub@gmail.com</a> for information on meets, activity locations and protocols [procedures, equipment]
	0900-1030	French 3 – Intermediate	Pauline McAdam	0428 295 540	Harry Higgs Room	Pauline's course is for those with an intermediate knowledge of French and provides an ideal follow-on from Thursday's French 2. Contact Pauline for information and availability.
	0930-1030	Tai Chi/Shibashi [session 2]	Liz Gray	0427 875 845	Burrill Lake Community Hall	Join Liz with Shibashi exercises which promote balance, strength and concentration; they are easy to do and leave you feeling relaxed and energised
	1100-1230				Harry Higgs Room	Venue available for Term3
	1245-1415				Harry Higgs Room	Venue available for Term3
	1300-1500	Recorder Group	Vern Flay	4454 5860	Ulladulla Bowlo [upstairs]	Take pleasure from playing the Recorder and learning music in a welcoming and friendly atmosphere under the baton of Vern Flay [participants must be Bowlo Club members]
	1430-1600	Cryptic Crosswords – intermediate 2	John Dallimore	0493 855 224	Harry Higgs Room	Intermediate 2 is intended as a feeder course for John's Intermediate 1 class.

**'U3A Term 3 2024 BULLETIN'**- Please see our website on <https://u3amiltonulladulla.org.au/>

For specific information about Term 3 Courses, please contact Jan Dunkley, Course Coordinator on [U3amudcoursecoord@gmail.com](mailto:U3amudcoursecoord@gmail.com)