

MILTON-ULLADULLA U3A COURSES FOR TERM 2 2024 – Monday 29 April to Friday 05 July [10 weeks]. Courses run over this period unless otherwise stated

Campus Website: www.u3amiltonulladulla.org.au [find this term's Timetable and Newsletter there]

Campus E-Mail: u3amiltonulladulla@yahoo.com

This programme has been put together on the understanding that local COVID-19 restrictions remain as they are, and that current use of the Harry Higgs room and other venues remains unchanged.

Day	Time	Course	Tutor/Leader	Contact	Venue	Comment
MON	0900-1030	Portraits with a Laugh NEW	Glen Kilby	0449 635 665	Harry Higgs Room	Have you a yearning to capture a portrait on paper? If so, Glen is offering a course on how to start and to improve, and is keen to show you how to do it
	0900-1030	Dutch	Frank Winston	0421 255 392	At home	Frank is offering an uncomplicated Dutch language course for beginners; get in on the ground floor to learn the language and about Dutch customs and history
	1100-1230	Cryptic Crosswords – intermediate 1	John Dallimore	0493 855 224	Harry Higgs Room	Following intermediate 2, learn further with John how to decipher and to solve the clues posed by the professional cruciverbalists!
	1200-1300	Line Dancing [session 1]	Helen Reeson	0402 089 422	Dunn-Lewis Centre	Enjoy exercise & music with Helen – nothing complicated ... learn basic steps & easy dances. A fun way to exercise both mind & body
	1300-1430	Bookclub 1 [every 3 rd Monday of the month]	Carmen Champion	0413 489 537	Harry Higgs Room	Carmen's club has room for a few more readers; contact her to join – preferably by e-mail at carmenchampion18@gmail.com [maximum 13 people]
One off 6 May	1500-1630	My Aged Care presentation [contact Chris Graham to register] NEW	Dept of Health and Aged Care	0400 032 882	Harry Higgs Room	The Department of Health and Aged Care will provide an overview of the Australian aged care system, including My Aged Care and the types of aged care services that are available
TUE	0900-1030				Harry Higgs Room	
	0930-1100	The Stoic Philosophy	Steve Prothero	e-mail	Ulladulla Bowling Club [upstairs]	Embrace the wisdom of the Stoics; embark with Steve [secu3amu@gmail.com] on a transformative journey with the Stoic Philosophy [14 max; must be club members]
	1000-1130	Bonsai	Russell Baker	4454 1602	32 Leigh Cr Ulladulla	Get together with Russell at his home to embrace and to enjoy this gentle and productive horticultural art form
	1100-1230	The origin and evolution of the Earth [DVD] [note new time]	Chris Graham	0400 032 882	Harry Higgs Room	This course covers the 4.5B years of the Earth's existence, embracing the physical development of the planet and the emergence, adversity and continuation of life
	1130-1230	Introduction to Lawn Bowls NEW	Stephen Prothero	e-mail	Ulladulla Bowling Club	The course will be conducted by David Chandler, a club staffer. To allow the Club to make arrangements, register with Steve at secu3amu@gmail.com before 25 April
	1300-1530	Film Appreciation – Journeys [8 weeks from 30 April]	Debra Pearson	e-mail	Harry Higgs Room	Debra's selection of films for this term is included in the newsletter. If you intend to attend her sessions, please e-mail her at debrapearson13@gmail.com
WED	0900-1030	Finding peace within Scripture [from 8 May] NEW	Frank Gee	0468 476 279	Harry Higgs Room	Explore with Frank that biblical wisdom for finding internal and external peace, and for practising principles for reading and interpreting discourses intelligently
	0930-1030	Tai Chi/Shibashi [session 1]	Liz Gray	0427 875 845	Lake Conjola Community Hall	Liz is returning to Lake Conjola. Shibashi exercises promote balance, strength and concentration; they are easy to do and leave you feeling relaxed and energised.
	1100-1230	Bookclub 2 [every 3 rd Wednesday of the month]	Faye Gibbons	0417 461 954	Ulladulla Bowling Club [upstairs]	Faye can cater for up to 10 participants [must be Club members], and currently has room for a few more. For more detail contact her at fayelene40@aol.com
	1100-1230	Making Mosaics	Colleen Ringe	0416 081 011	Harry Higgs Room	Colleen will introduce you to the basics of making Mosaics, and then let you loose to create your own works
	1300-1430	Ukulele - from first strum [Note new time]	Craig Silver	0424 750 045	Harry Higgs Room	Craig's beginners' course gives you an easy way to get started or [as an occasional 'dabbler'] an opportunity to join in with others; sign up now
	1400-1600	Mah-Jong [from 8 May]	Bill Lampard	0413 583 689	Mollymook Golf Club	Bill is returning to continue with his popular Mah-Jong tuition. Participants need to be members of the Golf Club
	1500-1630	Ukulele – further strumming [Note new time]	Craig Silver	0424 750 045	Harry Higgs Room	Craig's 'beginners' class has moved up a fret to this slot, and is working on more advanced stuff; if you feel you can fit in at this level, give him a call

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THU	0900-1030	French 2 - Basic	Noelene Hunt	0418 291 381	Harry Higgs Room	Noelene's sessions offer the opportunity to progress or to refresh yourself with the language
	1000-1130	Dutch – Social Conversation	Emile Jansen	0415 405 107	Out and About	Emile organiseert informele koffie bijeenkomsten voor Nederlandstaligen die willen genieten van hun moedertaal in het gezelschap van anderen
	1000-1100	Line Dancing [session 2]	Helen Reeson	0402 089 422	St Martin's Church Ulladulla	Enjoy exercise & music with Helen – nothing complicated ... learn basic steps & easy dances. A fun way to exercise both mind & body
	1030-1200	Current Affairs	Margie Nyholm/ Steve Prothero	e-mail	Ulladulla Bowling Club [upstairs]	Explore with Margie and Steve the full spectrum of general and political views in this interactive group [maximum 20 people; must be Club members]. Contact Steve at secu3amu@gmail.com
	1100-1230	Cryptic Crosswords – advanced	John Dallimore	0493 855 224	Harry Higgs Room	Join John to grapple with the more obscure clues posed by the cryptic crossword setters; but more ... experience the satisfaction of cracking them!
	1300-1430	Music Appreciation	Fiona Thompson	0478 676 037	21 George Ave Kings Point	Fiona is continuing to share her love of music with others – this term she will examine Schubert's Song Cycles. Starting 02 May, the course is at her home so there is an attendance limit
	1300-1430	Art History [6 weeks from 2 May]	Debra Pearson	e-mail	Harry Higgs Room	This term, Debra will examine the lives of Pissarro, Cezanne & Valadon. Maximum of 8 to facilitate discussion. Contact Debra at debrapearson13@gmail.com to register
	1500-1630	French 1 - Beginners	Marilyn Schoonderweerd	e-mail	Harry Higgs Room	Marilyn is continuing her French course this term for those wanting to learn the language from the start; e-mail contact mrschoonders@gmail.com
FRI	0800-1100	Birdwatching [fortnightly, from 03 May]	Philip Hendry	0448 445 359	Out and About	E-mail mubirdclub@gmail.com for information on meets, activity locations and protocols [procedures, equipment]
	0900-1030	French 3 - Intermediate	Pauline McAdam/ Noelene Hunt	0428 295 540	Harry Higgs Room	Pauline's established sessions continue; contact her if you feel your standard is sufficient and you could slot into her class [Note Noelene Hunt will take sessions on 3 & 10 May]
	0930-1030	Tai Chi/Shibashi [session 2]	Liz Gray	0427 875 845	Burrill Lake Community Hall	Liz is back. Shibashi exercises promote balance, strength and concentration; they are easy to do and leave you feeling relaxed and energised.
	1100-1230				Harry Higgs Room	
	1245-1415				Harry Higgs Room	
	1300-1500	Recorder Group	Vern Flay	4454 5860	Ulladulla Bowling Club [upstairs]	Take pleasure from playing the Recorder and learning music in a welcoming and friendly atmosphere under the baton of Vern Flay [participants must be Bowlo Club members]
	1430-1600	Cryptic Crosswords – intermediate 2	John Dallimore	0493 855 224	Harry Higgs Room	Intermediate 2 is intended as a feeder course for John's Intermediate 1 class.

UPCOMING EVENTS FOR YOUR DIARY [see Newsletter for further detail]

<u>Milton-Ulladulla Music Society</u>	St Martin's Church, Ulladulla	Saturday, 01 June	Rachael Scott and Duo Agostino	1:30 pm
<u>Milton-Ulladulla String Orchestra</u>	Civic Centre, Ulladulla	Saturday, 29 June [Children's Concert] and Sunday 30 June [Community Concert]		3:00pm