

University of the Third Age [U3A]  
MILTON-ULLADULLA CAMPUS  
Term 3            July 2022  
Newsletter      Volume 25 Issue 3

#### TERM DATES 2022

Term 3	Monday 18 July	to	Friday 23 September
Term 4	Monday 10 October	to	Friday 16 December

#### M-U U3A CAMPUS COMMITTEE

President	Alister Nairn		
Vice President	Frank Blanchfield		
Secretary	Vacant		
Treasurer	Paul Schuman		
Membership Officer	David Howard		
Property Officer	Bill Lampard		
Webmaster/Social Media	Alister Nairn		
Social Secretary	John Hepburn		
Courses' Co-ordinator/Newsletter	Chris Graham	4454 3025	chrisnjoan@hotmail.net.au

#### CONTACTS

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Web address                              [www.u3amiltonulladulla.org.au](http://www.u3amiltonulladulla.org.au)

Committee members are contactable through the campus e-mail address or website ... just send a message to either addressed to the member and it will be forwarded.

#### VENUES

The Campus Lecture room is The Harry Higgs Room in the Milton Cultural Centre [next to the Milton Library].

Lectures are also held at other venues throughout the area; the term newsletter and timetable contain the detail.

#### SUBSCRIPTIONS AND FEES

Membership of Milton-Ulladulla U3A Campus is usually \$50 per year, payable in January. However, for 2022 fees are \$25 owing to the disruption caused by COVID-19 over the previous 2 years. Fees from July 2022 for the remainder of the year will be \$12.50. The fee for affiliates is \$15 for full year and \$7.50 for half year.

There are no course fees

## **PRESIDENT'S MESSAGE**

We had our AGM on 8 June 2022. Thanks to all the 2021 committee members and to those re-elected for 2022. Particular welcome to our new Vice President Frank Blanchfield, who is a relative newcomer to the area, but has already undertaken several courses. We look forward to having some new people on the Committee. We are still looking for a Secretary, so if you would also like to contribute to the organisation, please give me a call 0431 764 903 or email u3amiltonnulladulla@yahoo.com. A list of the 2022 committee is provided earlier in this newsletter.

On the COVID front I am aware of a few people who managed to get COVID this term. It is fairly widely spread in the community now and the risk is increasing of its spread, as we are now not taking the same precautions as earlier. It just emphasises the importance of being vaccinated to minimise the severity to ourselves if we catch it. My experience wasn't too bad, and definitely not as bad as the flu going around at the moment.

Once again, we have a good program for term 3 but are always looking for new ideas and courses, so don't be shy if you have been thinking about doing something.

Thanks for our continuing tutors that make our courses possible and welcome to our new tutors (see the program for details).

Best regards  
Alister Nairn

## **COVID-19 SAFETY PLAN**

A formal COVID-19 safety plan is no longer required by the NSW government, however the U3A policy is to follow the following recommendations.

- Do not attend a course if you are feeling unwell or have had contact with someone with COVID-19 and should be self-isolating
- Be at least double vaccinated or vaccination exempt
- Wear a mask
- Sanitise hands on arrival
- Observe a safety zone and separation around you
- Retain air circulation in the classroom whilst attending a course
- Wipe down any part of the room that has been used, eg: tables, chairs, electric switches, photocopier

The Harry Higgs room can accommodate 18 observing a 1.5 metre safety zone.

Sanitising products will be available in the Harry Higgs room or supplied to tutors if their course is elsewhere.

## **APPRECIATION**

All our Tutors give their time voluntarily, and inevitably spend a lot of time preparing their courses to be enjoyed by members. Without their commitment and enthusiasm, our U3A would not exist. Tutors - we cannot thank you enough

## NOTICES TO MEMBERS

### MEMBERSHIP BADGES

Please wear your 2022 membership badge to classes and functions. It signifies you are a current financial member, which requires to be checked by tutors. Also, it so does help identify you to those around you.

### HARRY HIGGS ROOM

We all like to enter the Harry Higgs Room and see it in good condition. We ask that at the end of sessions, tables and chairs are put away, boards are cleaned, and general tidying up is completed - including wiping down tables if you have enjoyed drink or food on them; also, if the rubbish bin is full or contains decomposables please empty it in the council bins outside the room.

### PUBLICITY

The Committee very much appreciates information given by members for publication on our website. If you have anything that you think may be of interest to other members, please let us know by email or contact the webmaster at the address shown on the first page.

### DVD FILMS MISSING FROM OUR LIBRARY

A recent check of our DVD Film Library has shown that some have been missing for some time. Members are asked to check their collections to ensure that M-U campus property has not been inadvertently retained. Could any film found please be returned as soon as possible so that it may be enjoyed by other members.

### INSURANCE

All Milton-Ulladulla U3A activities are covered by Public Liability Insurance organised by the U3A Network - NSW. It covers the legal liability of the Milton-Ulladulla Campus to members and the general public concerning bodily injury and property damage. The sum insured is for \$20,000,000.

Insurance coverage for members is validated by their being financial and having their names on the course attendance list.

### DISCLAIMER

The Courses and Activities provided by the Milton-Ulladulla Campus Inc are intended only to supply information in a social setting intended to satisfy general interest, and in no way do they constitute professional advice on which participants should act or rely.

U3A Milton-Ulladulla Campus Inc, its committees and its course and activity leaders, does not accept responsibility for any losses of any kind suffered by anyone arising from their participation in a course or activity.

Members enrolling and taking part in Milton-Ulladulla campus courses or activities are deemed to accept this disclaimer and the limitation of liability of the U3A Milton-Ulladulla Campus Inc and its committee and its course and activity leaders.

## THE 2022 TERM 3 PROGRAMME

This term's programme has been put together on the understanding that local COVID-19 restrictions will not be more severe by the start of term, and that we will be able to use the Harry Higgs room and other venues - perhaps conditionally - from that date. Currently, we understand the Catholic Church Hall, the Ulladulla Bowling Club, the Anglican Church Hall and the Milton Public School can be used as they were last term. If things change, we will let people know the situation.

### NEW COURSES

We have 2 new courses this term.

The Evidence for Modern Physics - how we know what we know      Chris Graham      4454 3025

If you have ever wondered about the complex and amazing manifestations of modern physics, this is the course for you. Whilst we accept that the matter around us consists of atoms comprising protons, neutrons and electrons, delve deeper and we discover that this is an illusion. The course will introduce you to sub-atomic particles, and explain how their properties can be determined in spite of their being unimaginably miniscule and transient. Quantum mechanics and its unworldly concepts will be explained. Leap from the incredibly small to the incredibly large; how do we know so much about the universe in which we live with its unlimited galaxies and stars - and now even the planets which orbit them? And more on the grand scale: be introduced to the dark matter and dark energy which make up 95% of the universe, and ultimately control its fate. This fascinating Great Course DVD is not to be missed, and will encompass terms 3 and 4

Sci Phi: Science Fiction as Philosophy      Enid Everingham      0428 542 430

This DVD course will examine the philosophic questions that Sci-Fi raises, how its creators answer some of these questions, and evaluate them with the help of history's most important philosophic thinkers. Participants may watch a Sci-Fi film at home, eg Inception, followed by a discussion of the movie as a work of art and an attempt to interpret the philosophy behind the work.

### RETURNING COURSE

Cryptic Crosswords - Beginning      Margo Lester      4455 1760

Margo's cryptic crossword beginners' class complements John Dallimore's more advanced sessions. If you are interested in joining those who enjoy this form of mental exercise, contact her now. Margo's course is held in her home at 199 Green St Ulladulla, so there is a maximum of 6 participants

### CONTINUING COURSES

Singing for Pleasure      Elisabeth Andrews      4454 3580

Singing for Pleasure, under Elisabeth's guidance, is now in its fifteenth year; it has a band of reliable singers who would welcome and help newcomers. The group aims to sing in three or four parts, and would be glad to see new members in all sections of the choir - but especially in the tenor and bass registers - whether or not they can read music. Whilst achieving a standard is satisfying, everybody finds that it is good to have a performance to work for; this is not a frightening experience, and is fun. The aim of the course is to give pleasure, and to demonstrate to yourself and to others what you can do

French - Intermediate      Roger Parris      0413 884 745

Roger's class has graduated to the intermediate level [see Thursday for beginners]. Join him to continue your journey into the language

Cryptic Crosswords: Intermediate 1 John Dallimore 4454 1453

This class follows on from John's Intermediate 2 class, and is aimed at those who still need a bit of guidance before attempting his advanced class. As well having participants work on particular puzzles, he looks at solutions to other offerings, and dissects the clues to reveal the answers

M-U U3A Book Club Carmen Champion [carmenchampion18@gmail.com](mailto:carmenchampion18@gmail.com) 0413 489 537

The bookclub meets on the third Monday of the month at 1230 upstairs at the Ulladulla Bowling Club [participants need to be members of the Club]. The bookclub operates with a maximum of 13, but currently has a few vacancies - contact Carmen [preferably via e-mail] to check if there is room

Film Appreciation Ted Gordon 4455 2313

This term Ted will be showing, inter alia, Island in the Sun, Local Hero, Ladies in Black, and Hot Millions

The Western Philosophical Tradition Roy Liegel 0490 110 342

Roy has been running this course for several years. It is not for beginners; to participate fully in it, a profound grounding in Philosophical study and discussion is essential. Contact Enid Everingham [0428 542 430] for details of venues

Making Mosaics Colleen Ringe 0416 081 011

Mosaic patterns can be applied to many shapes, surfaces and structures. If you are a newcomer to this long-running course, Colleen will get you started by working on small items to learn the basics, and - once mastered - you can go where your imagination takes you ...

French - Beginning Noelene Hunt 4455 4465

Noelene's course is ideal if you have ever dallied with the idea of giving the French language a try; here is the opportunity to get started - bearing in mind we have opportunities to continue improving your ability within our campus

Mah-Jong for Newcomers Bill Lampard 0413 583 689

Bill's course is for both beginners and those who would like to brush-up their skills; it is held on Thursdays from 0930 to 1200 at the Mollymook Golf Club [participants need to be members]. Bill is requesting that potential participants this term - both old and new - register with him before the term starts on 4 August

Dutch - Conversation Emile Jansen 0415 405 107

Emile is again offering to host casual coffee meetings for Dutch speakers wishing to use and to enjoy their language in the company of others. Contact him to determine the particulars of this term's first meeting, following which their content and direction will be decided by the participants

Current Affairs - Discussion Judy Mahon 0414 520 712

Judy is ready to focus the minds (and hearts) of those who attend this lively discussion group on the implications of everyday events and trends. This course is held upstairs at the Ulladulla Bowling Club; attendees need to be club members, and a maximum of 20 is permitted

French - Advanced Pauline McAdam 0428 295 540

Pauline's fortnightly advanced course will delve deeper into the structure of the language and discuss current and past events in France as a vehicle for improving students' French. Pauline's first session this term is on 28 July at her home

Cryptic Crosswords - Advanced John Dallimore 4454 1453

Cryptic Crosswords can be a source of immense satisfaction when you solve them ... and immense frustration when you can't! This course is for those who are already well into them, but would like pointers on how to tackle them more competently, and collectively enjoy solving the more tricky brain teasers

German Brigitte Nairn [brigitte.nairn@inet.net.au](mailto:brigitte.nairn@inet.net.au) 0413 393 756

Join Brigitte's friendly group to expand your German, increase your vocabulary and gain confidence talking about everyday life, and on the way discover more about the German speaking world. The course has been running for some time now, but Brigitte caters for a wide range of language ability ... there is no need to be proficient. Starts 4 August

Birdwatching Phil Hendry [mubirdclub@gmail.com](mailto:mubirdclub@gmail.com) 0448 445 359

Phil launches Birdwatching sorties every fortnight on Friday mornings at 0800, starting on 15 July. Visit the website [shown above] for details of excursions and protocols [procedures and equipment], plus other activities

French - Beyond Beginning Pauline McAdam 0428 295 540

Pauline's class accommodates students who have more than scratched the surface of the language and are ready to explore it in greater detail

Tai Chi Liz Gray 0427 875845

Liz's interest in Tai Chi is not only for the health benefit derived from its practice, but also the learning experience it provides. During her course she will concentrate purely on the physical movements and exercises associated with the traditional Yang Style 24 Form. The Course is held in the Burrill Lake Community Hall

Cryptic Crosswords: Intermediate 2 John Dallimore 4454 1453

The interest in solving Cryptic crosswords is growing! John has found it necessary to add another session to those already in our curriculum. The Intermediate 2 class is a feeder course from basic ability to the more complex levels associated with the Intermediate 1 and Advanced classes

Recorder Group Vern Flay 4454 5860

The Recorder Group is conducted by Vern Flay, who has a wealth of experience coaching musical ensembles. Recorder Choirs have a unique and startlingly sweet sound ... and there is plenty of scope to enjoy the fun of making music with others - even if you have not played the instrument before. If you feel like joining the Group but are a newcomer to the instrument do not despair ... 'phone Vern who will determine the best way for you to get started - including his offering basic tuition before the group assembles for practice. The course is held upstairs in the Ulladulla Bowling Club, and participants need to be members

## **AFFILIATED COURSE**

The following courses are self-organising, but run under the auspices of M-U U3A

Milton and District Concert Band Vern Flay 4454 5860

The 25-strong Milton and District Concert Band conducted by Vern practices every Thursday evening in the Milton School; it plays out regularly in the community. It comprises brass, reed and percussion instruments, and welcomes newcomers to its ranks - particularly flute, clarinet and saxophone players [especially baritone sax]. Beginners can be coached before full band practice starts at 1900

Milton-Ulladulla String Orchestra Libby Reid 0411 030 377

Milton-Ulladulla String Orchestra is a newly formed ensemble under the direction of Fiona Thompson. It is an inclusive group of all ages and abilities. It currently has 26 members and would welcome new violinists, viola players, cellists and double bass players. Fiona has chosen music to accommodate all levels of ability and the group looks forward to playing for fun and improvement every second Sunday afternoon at 2pm in the Milton Anglican Church Hall - starts 17 July

## JOINING AND ATTENDING COURSES

If you want to participate in any of this term's courses, contact the Tutor and reserve your place on it. Don't delay, places fill rapidly.

Once you have reserved your place, mark your diaries and keep the dates free. If your circumstances change and you find you can no longer attend, let the Tutor know so others may be given the opportunity to take your place.

## FOOD FOR THOUGHT ...

Members may note that our course list is changing as the dynamic of the COVID-19 pandemic alters. This is good. However, it would be nice to be able to offer fresh subjects as we emerge into near-normality.

If you have ever thought 'I could talk about that' or 'I could show people how to do that', why don't you give tutoring a try? If you feel you could lead a group, Chris Graham (4454 3025; [chrisjoan@hotmail.net.au](mailto:chrisjoan@hotmail.net.au)) would be delighted to hear from you. As food-for-thought, is there a China Painting practitioner or Bookbinder in our community? Could you run a Scrabble or Eucre group? The more variation we can offer from and to our very experienced and knowledgeable membership the more diverse and fulfilling our local U3A community will be.

## ... SO DON'T BE SHY!

Tutors are U3A's lifeblood ... so, all you closet experts/enthusiasts - remember your U3A needs you!

## TREATS IN STORE - TERM 4 OR BEYOND

### UKULELE ENSEMBLE [LEARN FROM SCRATCH] ...

Craig Silver lives locally, and plays and teaches the Ukulele. He has approached U3A asking if any members would be interested in learning the instrument with the aim of forming a U3A Ukulele Ensemble. Naturally, if there are members who already play, they too would be welcome to join. If the idea appeals, could those who would like to take up his offer please 'phone him on 0424 750 045 and let him know so he can gauge interest. We would aim to start lessons and rehearsing in Term 4

### ... AND POTENTIAL RETURNING COURSES

<u>An Introduction to French Impressionism</u>	<u>Debra Pearson</u>	<u>0457 230 845</u>
<u>Ulladulla's Impressive Geological History</u>	<u>Phil Smart</u>	<u>4455 5616</u>
<u>Music Appreciation</u>	<u>Fiona Thompson</u>	<u>0478 676 037</u>
<u>Bonsai</u>	<u>Russell Baker</u>	<u>4454 1602</u>
<u>Ikebana - Japanese Flower Arranging</u>	<u>Aya Shibata</u>	<u>0432 742 482</u>
<u>Learning Spanish</u>	<u>Eva Schonstein</u>	<u>0409 371 057</u>

**NOTICES OF POTENTIAL INTEREST TO MEMBERS**

**THE MILTON-ULLADULLA MUSIC SOCIETY**

Members are reminded about the active Milton-Ulladulla Music Society which aims to put on at least four local concerts a year on Sundays from 2pm in St Martin's Church Hall, Green Street.

The next concert will be held on 17 July. It will given by two extremely accomplished, young, local musicians - Ilona and Frances Gray playing Flute and Clarinet; they will perform individually and in ensemble with their teachers Ana de la Vega and David Shephard, and be accompanied on the piano by Ann O'Hearn.

**TEA AND TALK**

Enid Everingham co-ordinates the U3A Saturday afternoon Tea and Talk programme. Ideas for presentations are always sought; talk to Enid on 0428 542 430, or e-mail her at [enidever@bigpond.com](mailto:enidever@bigpond.com) if you have any suggestions ... they will be appreciated.

**On Saturday 23 July from 3 to 5pm, in the Dunn-Lewis Centre Alley Gallery  
Kym Snow [Road Safety Officer, Shoalhaven City Council]  
will speak about**

**ROAD SAFETY FOR SENIORS**

**Kym will use a series of modules from the Road Safety Education Program to inform members and friends about regulations and expectations of society's Senior members as they age when using public roads.**

**References from other clubs who have heard Kym present this program are very positive.**

Afternoon tea will be served.  
Friends of U3A members are welcome.  
A gold coin donated would be gratefully received.