

University of the Third Age [U3A]  
MILTON-ULLADULLA CAMPUS  
Term 4            September 2021  
Newsletter    Volume 24 Issue 4

### TERM DATES 2021

Term 4/21    Monday 25 October    to    Friday 17 December [8 weeks]

### M-U U3A CAMPUS COMMITTEE

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### CONTACTS

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Committee members are also contactable through the website via 'blind' e-mail addresses ... just send a message; it will be forwarded.

### VENUES

The Campus Lecture room is The Harry Higgs Room in the Milton Cultural Centre [next to the Milton Library].

Lectures are also held at other venues throughout the area; the newsletter and timetable contain details.

### SUBSCRIPTIONS AND FEES

Membership of Milton-Ulladulla U3A Campus is usually \$50 per year, payable in January, or \$25 if joining from July. Because of the COVID-19 shut-down in 2020, fees paid for that year carried over into 2021.

There are no course fees.

## PRESIDENT'S MESSAGE

Well, it was nice to start term 3 with some courses running again and I was enjoying my music appreciation course until the dreaded "lockup" came into force. It sure is difficult to plan ahead for things now, and who knows what the future will bring. We are hopeful that term 4 will see some courses running, especially since auntie Gladys is promising us some more freedom soon! (Provided you are vaccinated).

Chris has drafted a program, and thanks again to the enthusiastic tutors who have put their hand up to run courses.

If the lockup does continue, there will be a few courses offered online, and I would encourage you to give it a go. I have attended a few Zoom meetings and Webinars and have found they worked quite well. Also, if you would be interested in running a webinar on a topic you are enthusiastic about, don't be afraid to contact Chris or myself to discuss.

I'll leave you with this quote I came across from my favourite scientist.

**"Intellectual growth should commence at birth and cease only at death. "**  
**Albert Einstein**

Alister Nairn,  
President.

## COVID-19 SAFETY PLAN.

The NSW Government COVID-19 Safety Procedures require us to follow the following protocol for any M-U U3A course:

- Do not attend a course if you are feeling unwell
- Bring your own water bottle and pen
- Sanitise hands on arrival, and sign into the course [noting disclaimers] using your own pen
- Observe a safety zone of 4 or 2 square metres [whichever applies] around you at 1.5 metres separation
- Retain air circulation in the classroom whilst attending a course
- Wipe down any part of the room that has been used, e.g.: tables, chairs, electric switches, photocopier
- Wear gloves when cleaning, and dispose of all cleaning material in garbage bins
- Leave classes without congregating

The Harry Higgs room can accommodate 16 with a 2 square metres safety zone, and 9 with 4 square metres.

Sanitising products will be available in the Harry Higgs room or supplied to tutors if their course is elsewhere.

Additionally, wearing face masks may be required during classes; keep abreast of local directives.

## APPRECIATION

All our Tutors give their time voluntarily, and inevitably spend a lot of time preparing their courses to be enjoyed by members. Without their commitment and enthusiasm, our U3A would not exist.

Tutors - we cannot thank you enough.

## NOTICES TO MEMBERS

### MEMBERSHIP BADGES

Your Membership Badge for 2021 signifies you are a current financial member.

Please wear your membership badge to classes and functions; it so does help identify you to those around you.

### HARRY HIGGS ROOM

We all like to enter the Harry Higgs Room and see it in good condition. We ask that at the end of sessions, tables and chairs are put away, boards are cleaned, and general tidying up is completed - including wiping down tables if you have enjoyed drink or food on them; also, if the rubbish bin is full or contains decomposables please empty it in the council bins outside the room.

### PUBLICITY

The Committee very much appreciates information given by members for publication on our website. If you have any material of interest concerning our campus' activities, please let us know by email or contact the webmaster at the addresses shown on the first page.

### DVD FILMS MISSING FROM OUR LIBRARY

A recent check of our DVD Film Library has shown that some have been missing for some time. Members are asked to check their collections to ensure that M-U campus property has not been inadvertently retained. Could any film found please be returned as soon as possible so that it may be enjoyed by other members.

### INSURANCE

All Milton-Ulladulla U3A activities are covered by Public Liability Insurance organised by the U3A Network - NSW. It covers the legal liability of the M-U campus to members and the general public concerning bodily injury and property damage. The sum insured is for \$20,000,000.

Insurance coverage for members is validated by their being financial and having their names on the course attendance list.

### DISCLAIMER

The Courses and Activities provided by the Milton-Ulladulla Campus Inc are intended only to supply information in a social setting intended to satisfy general interest, and in no way do they constitute professional advice on which participants should act or rely.

U3A Milton-Ulladulla Campus Inc, its committees and its course and activity leaders, does not accept responsibility for any losses of any kind suffered by anyone arising from their participation in a course or activity.

Members enrolling and taking part in Milton-Ulladulla campus courses or activities are deemed to accept this disclaimer and the limitation of liability of the U3A Milton-Ulladulla Campus Inc and its committee and its course and activity leaders.

## THE 2021 TERM 4 PROGRAMME

This term's programme has been put together on the understanding that local COVID-19D restrictions will be eased by 25 October, and that we will be able to use the Harry Higgs room and other venues - probably conditionally - from that date. Course participants will almost certainly be required to prove they have been double vaccinated, masks will probably have to be worn, and is likely that the 4 square metre rule will be invoked.

Currently, the Catholic Church Hall, the Ulladulla Bowling Club, the Anglican Church Hall and the Milton Public School cannot give us assurance they can be used. When we know more, we will let people know the situation.

Some courses - such as Cryptic Crosswords and Philosophy - will continue to operate under the pandemic conditions already established within the groups.

If no venue is available for Current Affairs or Blues/WW1, the tutors have indicated they are prepared to hold ZOOM classes. Again, this can be arranged when we know more. Could those interested in attending please let the tutors know if they are prepared to participate in a ZOOM link-up.

### NEW COURSES

We have no new courses this term.

### RETURNING COURSES

Bonsai Russell Baker 4454 1602

Join Russell at his home at 32 Leigh Crescent in Ulladulla on Tuesdays at 1000 and explore the gentle art of Bonsai. He will run a hands-on workshop where participants will learn how to create a Bonsai, to care and to feed it, and to identify the different styles. During the course they will get practical experience in shaping, wiring, and re-potting techniques, plus pot selection ... but - more importantly - they will see how easy it is to start their own bonsai collection, and to enjoy the benefit of a living hobby. Maximum of 8 people [confirm].

The Blues OR Questions about World War 1 Stephen Prothero [protheros@me.com](mailto:protheros@me.com) 0488 240 103

Stephen has offered to repeat one of his previous courses this term. 'The Blues' explored the lives and connections of the key Blues' players. 'Questions about WW1' examined 10 aspects of the conflict which still give rise to commentary today. These courses have been e-posted by Stephen, and are suitable for presentation on a ZOOM link; contact Stephen for course preference and more information - preferably by e-mail.

### CONTINUING COURSES

French 1 Roger Parris 0413 884 745

Roger has offered to tutor a fundamental French course. If you have entertained thoughts of learning the language, now is the time to register with him and get under way in the knowledge there are opportunities to improve proficiency within our campus.

Line Dancing for Beginners Helen Reeson 0402 089 422

As Helen says, Line Dancing is all about moving to music, having fun with friends, and exercising both mind and body ... it is definitely not about boots, buckles and hoe-downs. Routines follow a variety of music and dance styles - including waltzes, rhumbas, and cha-chas. You don't need a partner, and steps can be modified to suit individual needs or restrictions. Sessions run on Mondays from 1200 to 1300 at the Catholic Church Hall on the

corner of Green and St Vincent's streets. So, get along and get started with basic steps and easy dances - and enjoy a cuppa afterwards.

M-U U3A Book Club Carmen Champion [carmenchampion18@gmail.com](mailto:carmenchampion18@gmail.com) 0413 489 537

The book club meets on the third Monday of the month at 1230 upstairs at the Ulladulla Bowling Club [participants need to be members of the Club, with a maximum of 20 in the room]. The book club currently has a few vacancies - contact Carmen [preferably via e-mail] to check if there is room.

Cryptic Crosswords: Intermediate 1 John Dallimore 4454 1453

This class follows on from John's Intermediate 2 class, and is aimed at those who still need a bit of guidance before attempting his advanced class. As well having participants work on particular puzzles, he looks at solutions to other offerings, and dissects the clues to reveal the answers.

Shakespeare, Reading and Appreciating Enid Everingham 0428 542 430

Enid is offering participants the collective chance to read and to discuss Macbeth. Should be fun!

Singing for Pleasure Elisabeth Andrews 4454 3580

Singing for Pleasure, under Elisabeth's guidance, is now in its fourteenth year; it has a band of reliable singers who would welcome and help newcomers. The group aims to sing in three or four parts, and would be glad to see new members in all sections of the choir - but especially in the tenor and bass registers - whether or not they can read music. Whilst achieving a standard is satisfying, everybody finds that it is good to have a performance to work for; this is not a frightening experience, and is fun. The aim of the course is to give pleasure, to enjoy the process, and to demonstrate to yourself and others what you can do. At the end of this term, Elisabeth is aiming to present a Christmas Carols' concert. So, give it a try! Starts 3 November at Milton Anglican Church Hall.

The Western Philosophical Tradition Roy Liegel 0490 110 342

Emmanuel Kant: the critique of pure reason; the critique of practical reason; the critique of judgement. Roy has been running this course for several years. It is not for beginners; to participate fully in it, a profound grounding in Philosophical study and discussion is essential. Contact Enid Everingham [0428 542 430] for details of venues.

Making Mosaics Colleen Ringe 0416 081 011

Mosaic patterns can be applied to many shapes, surfaces and structures. If you are a newcomer to this long-running course, Colleen will get you started by working on small items to learn the basics, and - once mastered - you can go where your imagination takes you ...

French 3 Paul Allan 4455 4465

Paul's class will build further on the foundations of the language and look in greater detail at grammar, reading and writing. If you are new to our French courses, contact Paul to discuss your proficiency and maybe register for his course.

Dutch - Conversation Emile Jansen 0415 405 107

Emile is again offering to host casual coffee meetings for Dutch speakers wishing to use and to enjoy their language in the company of others. Contact him to determine the particulars of the first meeting, following which their content and direction will be decided by the participants.

French 4 Pauline McAdam 4454 4120

Pauline's course is for more advanced students; it will delve more into the structure of the language and discuss current and past events in France as a vehicle for improving their French. Pauline's first class is on 28 October at her home.

Current Affairs - Discussion Judy Mahon 0414 520 712

Judy is ready to focus the minds (and hearts) of those who attend this lively discussion group on the implications of everyday events and trends. This course is held upstairs at the Ulladulla Bowling Club; attendees need to be members, and a maximum of 20 is permitted.

Music Appreciation Fiona Thompson 0478 676 037

Fiona's themes are chosen to reflect her varied and eclectic musical taste; as examples: American music, Impressionists (with fine art 'matched' to the music), Music for Dance through the Ages, Classical Sonata, French music, and Australian Performers. This term, Fiona will further explore the instrumental music of Beethoven. She will send out PDF articles of interest with her playlists [which have public access via Spotify - search for fionathompson11]. Fiona's knowledge is not encyclopaedic, but she enjoys researching and presenting each topic. She also welcomes opinions and input from the assembled listeners! Because Fiona conducts her course in her home, attendance numbers are limited - so check with her to establish the situation.

Cryptic Crosswords: Advanced John Dallimore 4454 1453

Cryptic Crosswords can be a source of immense satisfaction when you solve them ... and immense frustration when you can't! This course is for those who are already well into them, but would like pointers on how to tackle them more competently, and collectively enjoy solving the trickier brain teasers.

German Brigitte Nairn [brigitte.nairn@iinet.net.au](mailto:brigitte.nairn@iinet.net.au) 0413 393 756

Join Brigitte's friendly group to expand your German, to practice talking about everyday life, and to discover more about the German speaking world. The course has been running for some time now, but if you are interested and feel confident of your level, talk to Brigitte to see if you can be accommodated in her group.

Birdwatching Phil Hendry [mubirdclub@gmail.com](mailto:mubirdclub@gmail.com) 0448 445 359

Phil launches Birdwatching sorties every fortnight on Friday mornings at 0800, starting on 5 November. Visit the website [shown above] for details of excursions and protocols [procedures and equipment], plus other activities.

French 2 Pauline McAdam 0428 295 540

Pauline's level 2 class will accommodate students who are 'beyond beginning' and are ready to explore the language in greater detail.

Learning Spanish Eva Schonstein 0409 371 057

The Great Course DVD 'Learning Spanish: How to Understand and Speak a New Language' offers you an exciting and practical way to build your ability to communicate in Spanish. Let Eva guide you through 30 highly engaging lessons allowing this ingeniously constructed program to lead you sequentially through the core building blocks of competence in spoken Spanish. In each lesson, you'll get to the nitty-gritty of the language, learning the key concepts of grammar, culture, and vocabulary that will make acquiring Spanish easier than you ever imagined. You'll also gain a rich working vocabulary that will prepare you for a wide range of everyday situations. The end of each lesson includes audio exercises that will build your pronunciation, comprehension, and conversational skills, as well as a workbook that has plenty of reading and writing exercises to practice and to build upon what you learn.

Cryptic Crosswords: Intermediate 2 John Dallimore 4454 1453

The interest in solving Cryptic crosswords is growing! John has found it necessary to add another session to those already in our curriculum. The Intermediate 2 class is a feeder course from basic ability to the more complex levels associated with the Intermediate 1 and Advanced classes. **Note: Any member who is interested in participating in a beginners' cryptic crossword course is asked to contact John, and he will assess whether the course is viable and when it can be delivered.**

Recorder Group Vern Flay 4454 5860

The Recorder Group is conducted by Vern Flay, who has a wealth of experience coaching musical ensembles. Recorder Choirs have a unique and startlingly sweet sound ... and there is plenty of scope to enjoy the fun of making music with others - even if you have not played the instrument before. If you feel like joining the Group but are a newcomer to the instrument do not despair ... 'phone Vern who will determine the best way for you to get started - including his offering basic tuition before the group assembles for practice.

## AFFILIATED COURSE

The following course is self-organising, but runs under the auspices of M-U U3A.

Milton and District Concert Band Vern Flay 4454 5860

The 25-strong Milton and District Concert Band conducted by Vern practices every Thursday evening in the Milton School; it plays out regularly in the community. It comprises brass, reed and percussion instruments, and welcomes newcomers to its ranks - particularly flute, clarinet and saxophone players [especially baritone sax]. Beginners can be coached before full band practice starts at 1900.

## JOINING AND ATTENDING COURSES

If you want to participate in any of this term's courses, contact the Tutor and reserve your place on it. Don't delay, places fill rapidly; follow the old adage - do it now.

Once you have reserved your place, mark your diaries and keep the dates free. If your circumstances change and you find you can no longer attend, let the Tutor know so others may be given the opportunity to take your place.

## FOOD FOR THOUGHT ...

Members may note that the number of courses in our terms have declined over the past year. This is understandable owing to the pandemic. A few of our tutors are waiting for restrictions to ease further before offering their courses again. However, it would be nice to be able to offer fresh subjects when openness returns.

If you have ever thought 'I could talk about that' or 'I could show people how to do that', why don't you give tutoring a try? Chris Graham (4454 3025; [chrisjoan@hotmail.net.au](mailto:chrisjoan@hotmail.net.au)) would be delighted to hear from you if you feel you could lead a group. As food-for-thought, is there a China Painting practitioner or Bookbinder in our community? Could you run a Scrabble or Euchre group? The more variation we can offer from and to our very experienced and knowledgeable membership the more diverse and fulfilling our local U3A community will be.

... **SO DON'T BE SHY!**

Tutors are U3A's lifeblood ... so, all you closet experts/enthusiasts - remember your U3A needs you!

## TEA AND TALK

Enid Everingham co-ordinates our once-a-term Saturday afternoon Tea and Talk programme, but because of these uncertain times there is nothing on the cards at the moment for term 4.

Ideas for presentations in the 'Tea and Talk' series are always sought; talk to Enid Everingham on 0428 542 430, or e-mail her at [enidever@bigpond.com](mailto:enidever@bigpond.com) if you have any suggestions ... they will be appreciated.

## NOTICES OF POTENTIAL INTEREST TO MEMBERS

### THE MILTON-ULLADULLA MUSIC SOCIETY

Members are reminded about the active Milton-Ulladulla Music Society which aims to put on at least four local concerts a year, held on Sundays in St Martin's Church Hall at 2pm. Sadly, because of the pandemic things are quiet at the moment, but keep your eyes peeled and ears open for information about its planned events.